

Lunch Menu

NEW PALTZ CENTRAL SCHOOL DISTRICT

October 2022

Our Vision: students, staff, families, and community members are CITIZENS OF THE WORLD, PASSIONATE ABOUT LEARNING AND EMPOWERED to achieve their dreams.

Monday

Offered daily. 1% and chocolate skim milk; all are antibiotic and BGH free

We offer local fruits and vegetables

(V) designates Vegetarian option.
(P) designates Pork product.
(N) designates New item. We offer whole wheat/whole grain products

Tuesday

Wednesday

Thursday



Friday



Due to USDA regulations, students will be required to take a fruit or vegetable as part of their lunch meal.

Menu is subject to change.

This institution is an equal opportunity provider and employer.

<p>3 Chicken Tenders w/Dipping Sauce Brown Rice Steamed Carrots Alt. Ham and Cheese, HS Meatball Panini</p>	<p>4 Bacon Cheeseburger Alt. Veggie Burger (V) French Fries Alt. Turkey and Cheese, HS Meatball Panini</p>	<p>5  Alt. Bologna and Cheese, HS Meatball Panini</p>	<p>6 Soft Taco w/Chili, Cheese, Salsa Brown Rice Refried Beans Alt. Tuna Salad, HS Meatball Panini</p>	<p>7 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice Alt. Tuna Salad, HS Meatball Panini</p>
<p>10  INDIGENOUS PEOPLES' DAY</p>	<p>11 Bread Sticks (V) w/ Marinara Sauce Mozzarella Sticks Green Beans Alt. Turkey and Cheese, HS Meatball Panini</p>	<p>12 French Toast (V) Sausage (P) Hash Browns Alt. Egg Salad, HS Meatball Panini</p>	<p>13 Calzone (N) w/Marinara Sauce Carrot Sticks Alt. Salami and Cheese, HS Meatball Panini</p>	<p>14 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice Alt. Tuna Salad, HS Meatball Panini</p>
<p>17 Chicken Nuggets w/ Dipping Sauce Green Peas Pasta Salad Alt. Ham and Cheese, HS Italian Combo Panini</p>	<p>18 Grilled Cheese(V) Ham (P) Optional Tomato Soup Cucumber Coins Alt. Turkey and Cheese, HS Italian Combo Panini</p>	<p>19 Pasta w/Meat Sauce Italian Bread Steamed Broccoli Alt. Egg Salad, HS Italian Combo Panini</p>	<p>20 Chicken & Cheese Quesadilla w/Salsa Alt. Bean Quesadilla (V) Brown Rice Black Bean Salad Alt. Bologna and Cheese, HS Italian Combo Panini</p>	<p>21 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice Alt. Tuna Salad, HS Italian Combo Panini</p>
<p>24 Chicken Tenders Seasoned Corn Brown Rice Alt. Ham and Cheese, HS Italian Combo Panini</p>	<p>25 Ham, Egg & Cheese on a Hard Roll (P)(N) Hash Browns Alt. Turkey and Cheese, HS Italian Combo Panini</p>	<p>26 Cheeseburger Alt. Veggie Burger (V) Crinkle Cut Fries 3 Bean Salad Alt. Egg Salad, HS Italian Combo Panini</p>	<p>27 K-12 Diced Turkey w/Gravy Mashed Potatoes Dinner Roll Alt. Bologna and Cheese, HS Italian Combo Panini</p>	<p>28 Stuffed Crust Pizza(V) Romaine Salad Fruit Juice Alt. Tuna Salad, HS Italian Combo Panini</p>
<p>31 Popcorn Chicken w/ General Tso Sauce Asian Vegetables Asian Style Rice Alt. Ham and Cheese, HS Chicken Ranch Panini</p>	